

# Get your **FREE** NHS Health Check!



Aged 40-74?  
Get your **FREE**  
NHS Health Check

Even though you might be feeling great, if you're over forty you may be at risk of heart disease, stroke, kidney disease, diabetes or dementia.

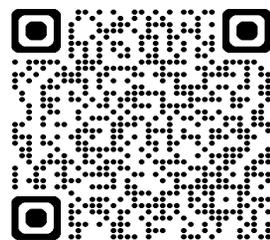
A **FREE** NHS Health Check can help you reduce these risks and make sure that you stay healthy.

**Date:** Saturday 17<sup>th</sup> January      **Time:** 10:00am – 4:00pm

**Location:** Pilling Village Hall, PR3 6AB  
Mobile Clinic Van

Scan the QR code  
to book your  
NHS Health Check

SCAN ME



 @nhshealthcheckslancashire

 [www.nhshealthcheckslancashire.co.uk](http://www.nhshealthcheckslancashire.co.uk)

 0300 033 6431

**NHS  
HEALTH  
CHECK**

Helping you prevent

diabetes  
heart disease  
kidney disease  
stroke & dementia

